

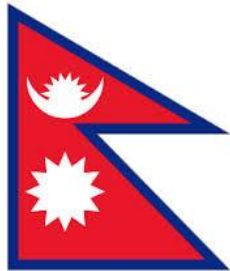
Brief Introduction for Human Rights Ambassador

尼泊爾人權大使簡介

Name: Rahul KC

Age: 22

Nationality: Nepalese



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Main education background: Humanities

Main working experience: Working in the field of human rights.

Please include the following points in your 3 min speech:

Brief introduction, how did you get into HR, major actions you have done in your area?

I am glad for this opportunity to introduce myself. My name is Rahul KC. I am from Nepal. Right Now I am working on educating people on human rights through youth for human rights materials, and most of my time goes educating people on human rights.

How did I got to Human Rights?

I felt motivated from the Youth for human rights materials, the ideas, and objectives. As human rights condition is not good in Nepal I feel to work in this field to educate people in human rights.

I swore to myself to change, change in a sense of making an effective result that would really make people aware of human rights.

Major Action I have done in my area.

Human Rights program in Schools, colleges and University

Me and my team (Youth for Human Rights Nepal) we have conducted Human Rights awareness program in different schools, colleges and University across Nepal. Till now 30,000 students are educated. Every week we conduct at least four events in schools and colleges.

Human Rights Program for Police

In Nepal human rights violations have increased substantially since the escalation of civil conflict in 2000 A.D., and security forces engaged in substantial numbers of these human rights violations prior to the civil conflict known as the Nepal Civil War. Youth for Human Rights Nepal is conducting human rights workshops to Armed Police Force of Nepal. Till now we have educated 2,000 police personals. Armed police force of Nepal requested us 35,000 youth for human rights international Nepalese booklets, so that every police personal will get our materials. There are 35,000 police personals in armed police force department. Till now we have delivered 25,000 booklets.

Human Rights Education program to Women.

Gender-based violence (GBV) to women is a severe issue in Nepal, where its women often find themselves susceptible to both public and domestic violence which constitutes rape, sexual abuse in the workplace and at home, and Human Trafficking. Therefore, Youth for Human Rights Nepal is conducting human rights awareness program to women in different parts of Nepal.

“Curry without worry” is a project held in Kathmandu which aims in helping the poor children and adults to be fed. Every Tuesday Youth for Human Rights Nepal members and other helpful teams join to comfort the helpless and homeless to get their first right of human rights.

To Sum up all these activities I can say that I have changed and have made a drastic change in people’s view on what human rights are and how to demand them and how to defend them. Although it will take more years to come to fully implement human rights in people mind I will be doing my best.

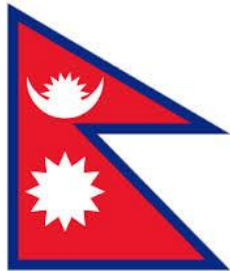
Thank you!!!

尼泊爾人權大使簡介

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國籍：尼泊爾



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主要教育背景：人文

主要工作經驗：人權領域

自我介紹:

我很高興可以有這個機會在這裡介紹我自己。我的名字是 **Rahul KC**。我來自尼泊爾。我現在正透過青少年人權協會的方法來教導人們人權，而這也是我大部分時間所做之事。

我如何得到人權？

我從青少年人權協會中得到方法、想法和目標。人權的條件在尼泊爾其實並不好，因此我決定投身於教育人們人權。

我發誓我要改變，我要做到明顯的改變讓人們真正知曉人權。

在這個領域我所做的主要作為

我的團隊(尼泊爾青少年人權協會)和我在尼泊爾裡不同的學校、學院以及大學進行人權宣導。直到現在已經有 **30000** 學生接受了教育。我們每週都會在學校和學院裡進行至少四場的活動。

給警察的人權方案

在尼泊爾侵犯人權的事蹟從西元 **2000** 年的內戰衝突持續攀升，而侵犯人權的國家安全部隊被赦免進而引發我先前所提到的衝突也就是尼泊爾內戰。

尼泊爾人權青少年協會正在和尼泊爾警方進行人權的研討會。到現在我們也教育了 **2000** 名警察。而尼泊爾警方向我們索取了 **35000** 份尼泊爾的國際人權小冊子，因此每一名警察將會得到我們的小冊子。尼泊爾警方共有 **35000** 名員警，而現在

我們已經發放 25000 本小冊子。

給女性的人權教育方案

在尼泊爾，基於性別的暴力是個嚴重的議題，女性很常發現她們不論在公眾或是家庭都會容易遭受暴力像是強暴和性虐待，以及人口販賣。

因此，尼泊爾青少年人權協會在尼泊爾的各個角落正在進行女性對人權認知的宣導。「咖哩沒煩惱」是一個舉辦在加德滿都的活動，目的為幫助貧窮的小孩和大人可以吃得飽。尼泊爾青少年人權協會的成員和其他團體在每個星期二一同慰問那些無助和無家可歸的人們去獲得他們眾多人權中的第一項權利。

作為這些活動的總結，我要說的是我的確在人們的觀點裡做了明顯的改變，讓他們明白人權是甚麼、如何需要它們以及如何保衛它們。儘管人權在人們心中的完全落實還需要等待很多年才會到來，我會盡我最大的努力去實踐的！

